

Cuffley Centre

Year 4 Residential 2026



Weds 11th to Fri 13th March

Today you will find out about...

- ◆ The site
- ◆ Accommodation
- ◆ Catering
- ◆ Activities
- ◆ Staffing
- ◆ Kit list
- ◆ Communication
- ◆ Getting prepared



Cuffley Centre

- ◆ Cuffley in Hertfordshire, about 50 mins away
- ◆ 96 acres of parkland and mature woodland
- ◆ Quiet, natural environment, also a SSSI
- ◆ Range of accommodation and activity course types available.



The Course

- ◆ Multi-activity course to suit all tastes
- ◆ Combines fun with personal development
- ◆ Social, physical, emotional development through a range of activities and experiences
- ◆ Raises their self-confidence, self-esteem, motivation and independence



- ◆ Children will be kept busy from breakfast time through till bedtime
- ◆ Encouraged to challenge themselves but never pushed beyond their comfort zone
- ◆ Looked after by Active Learning Centre staff member for the trip
- ◆ Children in groups, each with a school member of staff

Possible Activities

High Ropes
Low Ropes
Climbing Wall
Archery
Problem Solving
Night Line
Team Challenges
Orienteering + much more!



Accommodation



Food

The Refectory, where you'll get counter service and a choice of freshly prepared meals such as wraps;

Pizza Palace, where you'll dig in to wood fired pizzas with wood that was naturally felled in the woodlands

Woodland Kitchen, where a pasta bar will keep you full and satisfied for the days' activities

BBQ Kitchen, where you'll get to enjoy burgers (including veggie burgers) cooked on an open flame in the great outdoors.



Kit list

ESSENTIAL ITEMS TO PACK

- ☐ A bag or suitcase to carry all of your kit (please no bin bags!)
- ☐ Nightwear - pyjamas etc.
- ☐ T-Shirts
- ☐ Waterproof Jacket and Trousers
- ☐ Footwear
(2 pairs - Old Trainers and either walking boots or Wellies)
- ☐ Reusable drink bottle (at least 1 litre)
- ☐ Any medication you take such as inhaler, please make sure it has your name on it
- ☐ Small Rucksack
- ☐ Joggers/leggings/Trousers (not jeans please)
- ☐ Warm Jumpers or Fleece
- ☐ Warm Socks and Underwear
- ☐ Towel and Washing kit
- ☐ Torch

Please name **EVERYTHING!**

Please do not bring:

Any electronic devices including cameras, phones and smart watches

Expensive clothing or shoes

Food



Medication

Communication



Getting prepared

- ◆ Ask questions
- ◆ Make sure final balance for the trip has been paid
- ◆ Practice making beds!
- ◆ Practice tidying bedrooms!
- ◆ Begin packing
- ◆ Label everything!
- ◆ Complete packing checklist
- ◆ Arrive at school before 8:30/ 8:45am on Wednesday 11th March with your case
- ◆ Prepare to have a LOT of fun 😊

Any questions?

